

Student Timetable - A					
Per.	Mon	Tue	Wed	Thu	Fri
HRM					
1					
2					
3					
4					
5					
6					
After School					

E: _____

Student Timetable - B					
Per.	Mon	Tue	Wed	Thu	Fri
HRM					
1					
2					
3					
4					
5					
6					
After School					

My Academic / Life Goals																	
Subject	Previous Result	My Aim	Key Strategy							Time							
Focus	My Aim		Key Strategy							Time							
Faith																	
Health																	
Service																	
Character																	

Notes and Reminders

Prayer

Reflection Questions

- Today I give thanks for _____
- Today I pray for _____

- Amen.**

[illegible]

My Term <div></div> Planner: Assessment, School and Personal Commitments							
Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							

EXCELLENCE INTEGRITY FAITH WORSHIP CHARACTER SERVICE

Student Timetable - A					
Per.	Mon	Tue	Wed	Thu	Fri
HRM					
1	Drama	English	English	Science	Geog
2	Drama	English	Maths	Chapel	Art
3	Maths	PASE	LOTE	Math	Lote
4	Geog	PASE	LOTE	English	Bible
5	History	Science	Art	History	Maths
6	Bible	Science	Art	History	English
After School	Music				

Flinders Christian Community College Student Planner



School Phone: 5973 2000

Absentees: 5973 2001

Home Group Teacher:

P: _____

E: _____

Head of Year:

P: _____

E: _____

Student Timetable - B					
Per.	Mon	Tue	Wed	Thu	Fri
HRM					
1	Geog	Science	English	Maths	Science
2	Maths	Assembly	Science	Bible	English
3	English	Maths	Art	LOTE	Drama
4	English	Maths	Art	LOTE	Maths
5	Science	PASE	Drama	English	Maths
6	Science	PASE	Drama	History	Geog
After School				Drama	

My Academic / Life Goals				
Subject	Previous Result	My Aim	Key Strategy	Time
English	B	A	When writing in the body of my essays, ensure it links to my intro.	U U U U U U U
Maths	C	B	Attempt 2 algebra questions to get better at them	U U U U U U U
Science	C	B	Summarise my notes by doing mind maps for each chapter	U U U U U U U
History	B	A	Read over the chapter notes from my text book & create cue cards	U U U U U U U
Geography	B	A	Revise my notes for 15min within 24 hours	U U U U U U U
LOTE	C	B	Memorise 3 new words per day to improve my vocabulary	U U U U U U U
Focus	My Aim	Key Strategy	Time	
Faith	Prayer	I will spend at least ten minutes praying before bed.	U U U U U U U	
Health	Exercise	I will go for a twenty minute walk before school on Tuesday and Thursday.	U U U U U U U	
Service	Volunteering	I will volunteer to help and my church's crèche every fortnight.	U U U U U U U	
Character	Resilience	If I get poor grades, instead of giving up, seek feed-back from my teachers to improve.	U U U U U U U	

Notes and Reminders	
<p>Don't forget sports gear on Tuesdays!</p> <p>Bring back form for Geog. excursion</p> <p>Netball at 530 this week.</p>	
Prayer	
<p>God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.</p>	
Reflection Questions	
<ul style="list-style-type: none"> Today I give thanks for <u>my family</u> Today I pray for <u>my friends</u> Today I commit to <u>speak kindly</u> I pause to listen and renew. 	
Amen.	

My Daily Homework and Study Timetable							
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
430	Review Notes	Review Notes	Review Notes	Review Notes		Morning Soccer	Morning Sleep In
500	Homework		Homework			Soccer	Sleep In
530	Homework	Soccer	Homework	Soccer		Soccer	Sleep In
600-700			Dinner and Family Time			Afternoon	Afternoon
730	Homework	Prac		Prac		Review Notes	Homework
800	Study	Dinner	Study	Dinner		Study	Homework
830	Study	Homework	Study	Homework		Study	Homework
900	Study	Homework	Study	Homework		Evening	Evening
930	Homework	Homework	Homework	Homework	Chill	Homework	Free time
1000	Chill	Homework	Homework	Homework	Chill	Chill	

My Term 4 Planner: Assessment, School and Personal Commitments							
Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	Start School						
2							
3		Debate					
4		Maths Test			Drama Assignment		
5				Excursion - Geog			
6			Speeches - English				
7		CAMP	CAMP	CAMP	CAMP		
8		Maths Test		LOTE oral			
9	Drama Performance						
10			Art Folia				
11							

EXCELLENCE INTEGRITY FAITH WORSHIP CHARACTER SERVICE

We recommend Lumocolor non-permanent pens



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See reverse side

How to Use The Flinders College Planner

Use non-permanent or fine whiteboard marker only.

At the start of each term:

1. Fill in your School Timetable
2. On the Term Planner, write in due dates for assessment tasks and assignments; write in exam weeks; mark any public holidays, etc.
3. On the Daily Homework and Study Timetable, write in all your sporting and family commitments, and work out when you will do your homework/study each week.
4. Set goals and objectives for the term and write them in the box; list one key strategy for each goal.
5. Each week, use the student homework planner or notes/reminders section to prioritise tasks. When you have finished tasks, cross them out or rub them out.

What is Homework?

Homework includes these activities:

- Activities set by your subject teacher
- Revising work covered that day
- Reading ahead in the text book
- Research and reading for an assessment task
- Working on an assessment task
- Reading a novel
- Studying for a test
- Creating a mind map of key information about a topic
- Making study notes to prepare for exams

There is no such thing as “no homework”.

Ideas on How to Prioritise

1. Do the most important and urgent things first. Look at your goals to make sure you are doing what is important.
2. When is it due? Organise your task according to when they are due.
3. Create a To Do List. Write your tasks in order of priority on your To Do List.
4. Chunk your assignments into smaller segments and set deadlines.
5. Start assignments as soon as you receive them.
6. Do hard things first. Study those subjects you find difficult first, rather than leaving them until last.
7. Reward yourself once you have achieved your goals.

How to Set a Study Timetable

Step 1

List all the following activities

- Regular weekly activities (sports training, music lessons, etc)
- Family evening meals
- Travel to and from school, training etc
- Specific television shows you always watch – consider recording these for viewing in free time
- Any other items that are part of your weekly schedule

Step 2

- Estimate the time you need for each activity and write it in.
- Write homework and study sessions on the Planner. Make sure you schedule homework and study at times when you know you are at your best, and don't stay up too late!
- Make sure you allow enough time for recreation and relaxation.

Study Tips

1. Relax before you begin to study. Close your eyes, relax your muscles, take a few deep breaths and then open your eyes. You study more effectively when you are relaxed.
2. Study with a pen and paper. Just reading your notes is not study.
3. Create a study plan prior to assessment and exam periods to help you organise your study.
4. Find out what is being covered in the assessment/exam and ensure that these aspects are covered in your study.
5. Focus upon the aspects that you don't know.
6. Apply the study techniques that work for you eg mind mapping, venn diagrams, mnemonics, acrostic poems, cue cards, study posters etc
7. Study for a maximum of one hour on a subject.
8. Avoid studying similar subjects one after the other. Eg Maths and Physics.
9. Take a break of about 10-30 minutes between subjects to allow your mind to process the details. Avoid reading, watching tv, texting during this time.
10. Go regularly over your class notes.
11. Use bright colours to highlight facts in your notes.
12. Make images in your notes to help your remember your facts.
13. Study the most important facts at the beginning and end of each subject study session.
14. Teach someone else about what you are studying.

Tips for Getting Organised

1. Tidy your locker

Keep your locker tidy and it will be much easier to stay organised! Clean out your locker twice a term. Mark your clean-up dates on your Planner.

2. Create a study space

You need:

- your own desk which you should keep tidy
- a quiet place to study, away from distractions (computer, phone, TV)
- somewhere to place this Student Planner (eg on the wall in front of your desk)
- a comfortable chair with good back support
- a lamp or light that falls on your books and does not shine in your eyes
- a book shelf for resources

3. Write everything in your student diary

- At the start of each week, fill in all of your lessons for each day.
- Chunk your assignments into smaller segments and set deadlines.
- Start assignments as soon as you receive them.
- Reward yourself once you have achieved your goals.

How to Set Goals and Objectives

Take some time to reflect:

What do I want to experience at Flinders College?

How can I turn goals or objectives into reality?

What is my personal best in each subject?

What do I want to achieve?

How do I cope with setbacks?

How can I apply my School motto to my life?

Which attributes do I need to particularly focus upon?

What can I dare to do this year?

When you have reflected, make some notes.

Here are some examples of types of goals that might suit you. Choose your main goals, maybe one from each area to start:

Faith

I will spend at least ten minutes praying before bed.

Health

I will go for a twenty minute walk before school on Tuesday and Thursday.

Service

I will volunteer to help and my churches crèche every fortnight.

Character

I will try to be more determined this term.

I will talk to someone who looks lonely at lunchtime.

Academic

I will get all my work in on time.

I will attend maths club at lunchtime.

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