

Churchie.

# Student Planner

**Telephone:** General (07) 3896 2200 Absentee (07) 3896 2228 Email: reception@churchie.com.au www.churchie.com.au

### "THE MAKING OF MEN"

• Imagination • Discipline • Diligence • Preparation • Determination

			Daily Study	and Co-Curr	icular Planr	ner		
Time	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday	Sunday
05.00 - 06.00						08.00 - 09.00		
06.00 - 07.00						09.00 – 10.00		
07.00 - 08.00						10.00 – 11.00		
15.30 – 16.30						11.00 – 12.00		
16.30 – 17.30						12.00 – 13.00		
17.30 – 18.30						13.00 – 14.00		
18.30 – 19.30						14.00 – 15.00		
19.30 – 20.30						15.00 – 16.00		
20.30 – 21.30						16.00 – 17.00		
21.30 – 22.30						17.00 – 18.00		

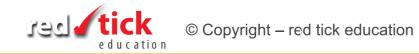
			Term	Planner:			
Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							

Notes /	Reminders

		Goa	Chart
Subject	Previous Result	Aim	Strategy

	S	tudent 1	[imetable		
Period	Monday	Tuesday	Wednesday	Thursday	Friday
		Odd \	Week		
Period 1					
Period 2					
Period 3					
Period 4					
Period 5					
Period 6					
		Even	Week		
Period 1					
Period 2					
Period 3					
Period 4					
Period 5					
Period 6					

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## **EXPLAINING THE STUDENT WALL PLANNER**



### **Student Planner**

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#### "THE MAKING OF MEN"

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			Daily Study	and Co-Curr	icular Planr	ner		
Time	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday	Sunday
05.00 - 06.00						08.00 - 09.00		
06.00 - 07.00			Gym		Gym	09.00 - 10.00	Saturday	Cycling
07.00 - 08.00			Session		Session	10.00 – 11.00	Sport	Session
15.30 – 16.30	Travel	Library Study	Travel	Library Study	Travel	11.00 – 12.00	Family Time	]
16.30 – 17.30	Homework	Cricket	Homework	Cricket Training		12.00 – 13.00		Assignment Preparation
17.30 – 18.30	Pre-reading	Training	Pre-reading	Travel		13.00 – 14.00		Time
18.30 – 19.30	Dinner and Television	Dinner and Television	Dinner and Television	Piano Lesson	Family	14.00 – 15.00		Dinner and
19.30 – 20.30	Homework	Homework	Family	Dinner and Television	Personal Time	15.00 – 16.00		Television
20.30 – 21.30	Homework	Homework	Personal Time	Homework		16.00 – 17.00	V	Homework
21.30 – 22.30				Homework		17.00 – 18.00		Homework

				,			
			Term	Planner:			
Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1.							
2.						Cricket	
3.	MH Inquiry Log Due				English Draft Due	Cricket	House Chapel
4.			MH Draft Due		English Final Due	Cricket	
5.	MH Final Due	Clem EEI Draft		Chemistry EEI Due		Cricket	Service - HY
6.		Japanese Test		Maths Assign.	Japanese Test	Cricket	Service - HY
7.						Cricket	
8.	English Orals	English Orals			RE Test	Cricket	
9.	*		EXAM	WEEK			>
10.		Alternate Program			Cricket Dinner		

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MH Inquiry Log Due				English Draft Due	Cricket	House Chapel		
		MH Draft Due		English Final Due	Cricket			
MH Final Due	Clem EEI Draft		Chemistry EEI Due		Cricket	Service - HY		
	Japanese Test		Maths Assign.	Japanese Test	Cricket	Service - HY	H	
					Cricket			
English Orals	English Orals			RE Test	Cricket			
*		EXAM	WEEK			>		
	Alternate Program			Cricket Dinner				

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#### Notes / Reminders

		Goa	l Chart
Subject	Previous Result	Aim	Strategy
English	В	B+	Submit complete drafts
Maths	C+	В	Complete MB Homework first each night
Chemistry	B-	B+	Develop better written notes during unit
Mod. Hist	B+	A-	Spread out research more evenly
Japanese	B+	A-	Practice speaking skill more
Music	A-	Α	Give more attention to composing task
RE	С	В	Plan out essay response before writing

Student Timetable								
Period	Monday	Tuesday	Wednesday	Thursday	Friday			
Odd Week								
Period 1	EN	СН	MU	MB	MU			
Period 2	MB	PL	MB	JA	RE			
Period 3	СН	EN	EN	MH	MU			
Period 4	MH	MH	EN	Year Assembly	MU			
Period 5	JA	MB	СН	EN	СН			
Period 6	MU	JA	MH	PL	JA			
		Even	Week					
Period 1	EN	СН	MU	EN	MH			
Period 2	СН	CH	MB	MU	МН			
Period 3	JA	JA	MH	MB	EN			
Period 4	MU	JA	PL	MB	JA			
Period 5	MB	RE	EN	JJA	СН			
Period 6	MH	MU	СН	MH	MB			

### **How to Use the Student Wall Planner**

#### Use non-permanent or fine whiteboard marker only.

#### At the start of each term:

We recommen

- 1. Fill in your My Student Timetable.
- 2. On the My Term Planner, write in due dates for assessment tasks and assignments; write in exam weeks; mark any public
- 3. On the My Daily Home Learning and Study Routine, write in all your sporting and family commitments, and work out when you will do your home learning / study each week.
- 4. Set goals and objectives for the term and write them in the My Goals and Study Record box; list one key strategy for
- 5. Eachweek, usethe My Daily Home Learning and Study Routine or Notes / Reminders section to prioritise tasks. When you have finished tasks, cross them out or rub them out.



### **How to Set Goals and Objectives**

#### Take some time to reflect:

- What do I want to experience at school?
- How can I turn goals or objectives in to reality?
- What is my personal best in each subject?
- What do I want to achieve?
- Howdolcopewithsetbacks?
- How can I apply my School motto / values to my life?
- Which attributes do I need to particularly focus upon?
- What can I dare to do this year?

#### When you have reflected, make some notes.

Here are some examples of types of goals that might suit you. Choose your main goals, may be one from each area to start:

#### Personal

Get to know at least two new students this term.

#### Academic

- Improve my writing by practicing extended responses.
- Revise units of work when I finish them.
- Seek assistance from teachers when needed.

#### **Organisation**

- Write down my home work every lesson.
- Pack my school bag the night before, to make sure I remember all my equipment.
- Clean my locker out twice a term.

#### Co- curricular

- Improve my endurance and fitness this season.
- Practice a musical instrument five times per week.
- Try something new.

#### Service

• Find somewhere outside my comfort zone where I can helpand do service for the School or community.

### **How to Set a Study Timetable** Step 1

#### List all the following activities

- Regular weekly activities (sportstraining, musiclessons, etc.). Family evening meals.
- Travel to and from school, training, etc.
- Specific TV shows you always watch consider recording these for viewing in free time.
- Any other items that are part of your weekly schedule.

#### Step Step 2

- Estimate the time you need for each activity and write it in.
- Write homework and study sessions on the Planner. Make sure you schedule home work and study at times when you know you are at your best, and don't stay up too late!
- Make sure you allow enough time for recreation and relaxation.

### **What is Home Learning? Home Learning is Homework plus Study**



- Note taking
- Activities set by your teacher
- Science experiment write ups
- Essays
- Timelines
- Working on assignments
- Completing set problems
- Doing set research
- Note making
- Making summary notes
- Actively reviewing recent
- Preparing for tests and examinations
- Making Mind Maps™ chart sortables
- Reviewing previous topics
- Attempting past test questions
- Ticking the study time squares on your Wall Planner

### **Ideas on How to Prioritise**

- 1. Look at your goals and do the most important and urgent things first.
- 2. Organise your tasks according to when they are due.
- 3. Create a 'ToDo' list in the *Notes / Reminders* box with tasks in order of priority.
- 4. Start assignments as soon as you receive them.

### **Tips for Getting Organised**

#### 1. Tidy your locker

- Keep your locker tidy and it will be much easier to stay organised! Clean out your locker twice a term.
- Mark your clean-up dates on your Planner.

#### 2. Create a study space

You need:

- your own desk which you should keep tidy.
- a quiet place to study, away from distractions (computer,
- somewhere to place this Student Wall Planner (e.g.on the fridge in the kitchen)
- a comfortable chair with good back support.
- a lamp or light that falls on your books and does not shine in your eyes.
- a book shelf for resources.

#### 3. Write everything in your Programme Book

- At the start of each week, fill in all of your lessons for each day.
- Chunk your assignments in to smaller segments and set deadlines.
- Start assignments as soon as you receive them.
- Reward yourself once you have achieved your goals.

### **Tips to Help Avoid Procrastination**

- Set a deadline for each task tasks without deadlines can be put off indefinitely.
- Set rewards for completing tasks ensure the rewards match the level of difficulty.
- Ask someone to check occasionally that you are staying on
- Technology can be a major distraction for students and the cause of much procrastination. Place all items of distraction away when attempting tasks that can be challenging.
- Tackle the more difficult tasks first, when you have the most motivation and energy.

### **Study Tips**

- 1. Relax before you begin to study. Close your eyes, relax your muscles, take a few deep breaths and then openy our eyes. You study more effectively when you are relaxed.
- 2. Study with a pen and paper. Just reading your notes is not
- 3. Create a Study Plan prior to assessment and exam periods to help you organise your study.
- 4. Find out what is being covered in the assessment/examand ensure that these aspects are covered in your study.
- 5. Focus upon the aspects that you don't know.
- 6. Apply the study techniques that work for you, e.g. Mind Mapping™, Venn Diagrams, mnemonics, acrostic poems, cue cards, flash cards, study posters, etc.
- 7. Study for a maximum of one hour on a subject.
- 8. Avoid studying similar subjects one after the other, e.g. Maths and Physics.
- 9. Take a break of about 10-30 minutes between subjects to allow your mind to process the details. Avoid reading, watching TV, texting during this time.
- 10. Go regularly over your class notes.
- 11. Use bright colours to high light facts in your notes.
- 12. Make images in your notes to help your remember your facts.
- 13. Study the most important facts at the beginning and end of each subject study session.
- 14. Teach someone else about what you are studying.

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