

Goals For Success

My Goals:

Subject	Goal	Progressive Results



Swan Christian College
WISDOM IS OF GOD

Student Planner

Web address: www.swan.wa.edu.au
General phone number: 9374 8300
Absentee phone number: 9374 8303

Notes / Reminders

Daily Homework / Study Timetable

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
						Morning	Morning
						Afternoon	Afternoon
						Evening	Evening

Term Planner:

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						
11.						

ENCOURAGE

EDUCATE

EQUIP

ENGAGE

Goals For Success				
My Goals:				
COMPLETE 20 KM RUN				
JOIN CADETS				
Subject	Goal	Progressive Results		
ENGLISH	65	60	63	68
HISTORY	72	68	70	71
CHEMISTRY	58	58	59	60



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Notes / Reminders
HAND IN FORM!
CAMP 10/3 - 12/3

Daily Homework / Study Timetable								Term Planner:						
Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Week	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
4.30	HOME WORK	HOME WORK	HOME WORK	HOME WORK	HOME WORK	Morning	Morning	1.						
5.00	ENGLISH	MATHS	CHEM	HISTORY				2.						
5.30	GEOG.	ENGLISH	CHEM	ENGLISH				3.		ENGLISH ESSAY				
6.00	TEA	TEA	TEA	TEA	TEA	Afternoon	Afternoon	4.				FIELD TRIP		
6.30	STUDY TEST	STUDY HISTORY	STUDY MATHS	STUDY CHEM	WORK			5.			HISTORY TEST			
7.00	YOUTH GROUP		FOOTY		WORK			6.						
7.30	YOUTH GROUP		FOOTY		WORK			7.			HOLIDAY		SUPPER DANCE	
8.00	NOTES MATHS	NOTES GEOG.	NOTES HISTORY	ENG. ASS.	WORK	Evening	Evening	8.	CHEM EXPERIMENT					
8.30					WORK			9.	MATHS TEST			CAMP	CAMP	CAMP
9.00					WORK			10.						
								11.		EXAM	EXAM	EXAM	FINISH! VAV	

ENCOURAGE EDUCATE EQUIP ENGAGE

We recommend Lumocolor non-permanent pens. © Copyright - Success Planner Pty Ltd. See reverse side for advice & instruction.

Tips for Getting Organised

1. Tidy your room

Keep your room tidy and it will be much easier to stay organised! Set time aside on your planner to keep all areas organised.

2. Create a study space

You need:

- your own desk which you should keep tidy
- a quiet place to study, away from distractions (computer, phone, TV)
- somewhere to place this Student Planner (eg on the wall in front of your desk)
- a comfortable chair with good back support
- a lamp or light that falls on your books and does not shine in your eyes
- a book shelf for resources

3. Write everything in your Diary

Your Diary is your best bet for staying organised. At the start of each week, write the names of all lessons for each day.

Write your homework down clearly and neatly after each lesson. When you receive assignments or assessment tasks, write the due dates in your Diary.

How to Set a Study Timetable

Step 1

List all the following activities

- Regular weekly activities (sports training, music lessons, etc)
- Family evening meals
- Travel to and from school, training etc
- Specific television shows you always watch – consider recording these for viewing in free time
- Any other items that are part of your weekly schedule

Step 2

- Estimate the time you need for each activity and write it in.
- Write homework and study sessions on the Planner. Make sure you schedule homework and study at times when you know you are at your best, and don't stay up too late!
- Make sure you allow enough time for recreation and relaxation.

De-stress

Relaxed learners are more effective and happier!

When you are studying, take one minute each hour to de-stress your body.

Close your eyes

Relax your muscles

Take three slow, deep breaths

Open your eyes

How to Set Goals and Objectives

Take some time to reflect:

What do I want to experience at Swan Christian College?

How can I turn goals or objectives into reality?

What is my personal best in each subject?

What do I want to achieve?

How do I cope with setbacks?

How can I apply my School motto to my life?

What can I dare to do this year?

When you have reflected, make some notes.

Here are some examples of types of goals that might suit you. Choose your main goals, maybe one from each area to start:

Personal

Get to know at least two new students this term.

Academic

Improve my writing by practising extended responses.

Revise units of work when I finish them.

Seek assistance from teachers when needed.

Organisation

Write down my homework every lesson.

Pack my school bag the night before, to make sure I remember my equipment.

Clean my locker out twice a term.

Co-curricular

Improve my endurance and fitness this season.

Practise a musical instrument five times per week.

Try something new.

Service

Find somewhere outside my comfort zone where

I can do service for the School or community.

How to Use The Swan Christian College Planner

Use non-permanent or fine whiteboard marker only.

At the start of each term:

1. On the Term Planner, write in due dates for assessment tasks and assignments; write in exam weeks; mark any public holidays, etc.
2. On the Daily Homework and Study Timetable, write in all your sporting and family commitments, and work out when you will do your homework/study each week.
3. Set goals and objectives for the term and write them in the box.
4. Use the Notes/Reminders box to highlight important tasks.

What is Homework?

Homework includes these activities:

- Activities set by your subject teacher
- Revising work covered that day
- Reading ahead in the text book
- Research and reading for an assessment task
- Working on an assessment task
- Reading a novel
- Studying for a test
- Creating a mind map of key information about a topic
- Making study notes to prepare for exams

There is no such thing as "no homework".

Ideas on How to Prioritise

1. Do the most important and urgent things first. Look at your Goals to make sure you are doing what is important.
2. When is it due? Organise your tasks according to when they are due.
3. Rank your tasks in order of priority.
4. Split big tasks into smaller sections and complete them over a few sessions.
5. Do hard things first. Study those subjects you find difficult first, rather than leaving them until last.



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