



Genesis CHRISTIAN COLLEGE

Student Planner

Goal Chart

Study Record

Daily Homework and Study Timetable							
Time	Mon	Tue	Wed	Thur	Fri	Sat	Sun
						Morning	Morning
						Afternoon	Afternoon
						Evening	Evening

Term Planner: ■							
Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							

EXPLAINING THE STUDENT WALL PLANNER

Student Timetable

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8.45	FORM	FORM	FORM	FORM	FORM
9.00					
9.45	ENG	SCI	MATHS	HIST	FORM/ASSEMBLY
10.30	ENG	SCI	MATHS	HIST	PE/HEALTH
10.30	HIST	JAP	ENG	SCI	PE/HEALTH
11.15	HPE	ART	COMP	ENG	SCI
12.20	HPE	ART	HIST	COMP	ENG
1.45	MATHS	MATHS	SPORT	JAP	COMP
2.30	SCI	HIST	SPORT	JAP	MATHS

Notes / Reminders

- * DON'T FORGET MATHS TUTOR 5.30PM THURS
- * SOCCER TRIALS - FRI WK 9 + WK 10
- * MONEY FOR HISTORY EXCURSION WK 3
- * DIARY SIGNED FOR FRIDAY FORMS

Goal Chart

Subject	Previous Results (Level / Grade / Mark)	My Aim (Level / Grade / Mark)
MATHS	B	A
ENGLISH	B	B
HISTORY	D	C
SCIENCE	A	A
JAPANESE	C	C
ART	B	A
COMPUTING	A	A

Study Record

Subject	Time	Subject	Time
MATHS	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	JAP	✓ ✓ ✓ ✓
ENGLISH	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	COMP	✓ ✓ ✓ ✓ ✓ ✓
SCIENCE	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	ART	✓ ✓ ✓ ✓ ✓ ✓
ART	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	HIST	✓ ✓ ✓ ✓ ✓ ✓
COMPUTING	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	HPE	✓ ✓

Daily Homework and Study Timetable

Time	Mon	Tue	Wed	Thur	Fri	Sat	Sun
4.30	WEEKLY PLANNING	TRAINING	/	HEALTH	/	Morning	Morning
5.00						/	/
5.00	SCI	MATHS	/	JAP	/	TENNIS COMPETITION	SCI
5.30	MATHS	COMP	COMP	TUTOR	/	ENG	
6.00	FAMILY & MEAL TIME					Afternoon	Afternoon
7.00	ENG	SCI	ENG	HIST	ASSIGN	/	MATHS
7.30	HPE	ART	JAP	SCI	ASSIGN	/	HIST
8.00	HIST	JAP	HIST	ENG	ASSIGN	/	/
8.30	/	/	/	/	/	Evening	Evening
8.45	ASSIGN	ASSIGN	ASSIGN	ASSIGN	/	STUDY	CATCH UP
9.15	STUDY	STUDY	STUDY	STUDY	/	STUDY	CATCH UP
9.45							

Term Planner: 1

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1.	NO SCHOOL		TENNIS TRIALS (1)		TENNIS TRIALS (2)	BYE	
2.			MATHS OPEN BK TENNIS	VOTING FORM REPS	TENNIS - HOME		
3.		JAP VOCAL TEST	TENNIS			- AWAY	
4.	HPE ASSIGN.		TENNIS	SCIENCE TEST	COMP POWERPOINT ENG VOCAL TEST	- HOME	
5.		ART DRAFTS	MATHS INVEST.	HIST EXCURSION ALL DAY		- HOME	
6.		HPE TEST				- AWAY	
7.		SCIENCE LAB WRITE UPS	TENNIS	HIST EXCURSION NOTES/PICS	COMP ASSIGN. ON CD-ROM	- AWAY	
8.	ENGLISH BOOK REVIEW	ART PROTFOLIO	TENNIS	JAPANESE TEST		- AWAY	
9.	CAMP	CAMP	CAMP	CAMP	SOCER TRIALS (1)	BYE	
10.			SOCER TRIALS (1)	LAST DAY!	NO SCHOOL		

We recommend **STEMLER** Lumocolor non-permanent pens
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How to Use the Student Wall Planner

Use non-permanent or fine whiteboard marker only.

At the start of each term:

- Fill in your *My Student Timetable*.
- On the *My Term Planner*, write in due dates for assessment tasks and assignments; write in exam weeks; mark any public holidays, etc.
- On the *My Daily Home Learning and Study Routine*, write in all your sporting and family commitments, and work out when you will do your home learning / study each week.
- Set goals and objectives for the term and write them in the *My Goals and Study Record* box; list one key strategy for each goal.
- Each week, use the *My Daily Home Learning and Study Routine* or *Notes / Reminders* section to prioritise tasks. When you have finished tasks, cross them out or rub them out.



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How to Set Goals and Objectives

Take some time to reflect:

- What do I want to experience at school?
- How can I turn goals or objectives into reality?
- What is my personal best in each subject?
- What do I want to achieve?
- How do I cope with setbacks?
- How can I apply my School motto/values to my life?
- Which attributes do I need to particularly focus upon?
- What can I dare to do this year?

When you have reflected, make some notes.

Here are some examples of types of goals that might suit you. Choose your main goals, maybe one from each area to start:

Personal

- Get to know at least two new students this term.

Academic

- Improve my writing by practising extended responses.
- Revise units of work when I finish them.
- Seek assistance from teachers when needed.

Organisation

- Write down my homework every lesson.
- Pack my school bag the night before, to make sure I remember all my equipment.
- Clean my locker out twice a term.

Co-curricular

- Improve my endurance and fitness this season.
- Practise a musical instrument five times per week.
- Try something new.

Service

- Find somewhere outside my comfort zone where I can help and do service for the School or community.

How to Set a Study Timetable

Step 1

List all the following activities

- Regular weekly activities (sports training, music lessons, etc.).
- Family evening meals.
- Travel to and from school, training, etc.
- Specific TV shows you always watch – consider recording these for viewing in free time.
- Any other items that are part of your weekly schedule.

Step 2

- Estimate the time you need for each activity and write it in.
- Write homework and study sessions on the Planner. Make sure you schedule homework and study at times when you know you are at your best, and don't stay up too late!
- Make sure you allow enough time for recreation and relaxation.

What is Home Learning?

Home Learning is Homework plus Study



- Note taking
- Activities set by your teacher
- Science experiment write ups
- Essays
- Timelines
- Working on assignments
- Completing set problems
- Doing set research
- Note making
- Making summary notes
- Actively reviewing recent work
- Preparing for tests and examinations
- Making Mind Maps™, charts or tables
- Reviewing previous topics
- Attempting past test questions
- Ticking the study time squares on your Wall Planner

Ideas on How to Prioritise

- Look at your goals and do the most important and urgent things first.
- Organise your tasks according to when they are due.
- Create a 'To Do' list in the *Notes / Reminders* box with tasks in order of priority.
- Start assignments as soon as you receive them.

Tips for Getting Organised

1. Tidy your locker

- Keep your locker tidy and it will be much easier to stay organised! Clean out your locker twice a term.
- Mark your clean-up dates on your Planner.

2. Create a study space

You need:

- your own desk which you should keep tidy.
- a quiet place to study, away from distractions (computer, phone, TV).
- somewhere to place this Student Wall Planner (e.g. on the fridge in the kitchen).
- a comfortable chair with good back support.
- a lamp or light that falls on your books and does not shine in your eyes.
- a book shelf for resources.

3. Write everything in your Programme Book

- At the start of each week, fill in all of your lessons for each day.
- Chunk your assignments into smaller segments and set deadlines.
- Start assignments as soon as you receive them.
- Reward yourself once you have achieved your goals.

Tips to Help Avoid Procrastination

- Set a deadline for each task - tasks without deadlines can be put off indefinitely.
- Set rewards for completing tasks - ensure the rewards match the level of difficulty.
- Ask someone to check occasionally that you are staying on task.
- Technology can be a major distraction for students and the cause of much procrastination. Place all items of distraction away when attempting tasks that can be challenging.
- Tackle the more difficult tasks first, when you have the most motivation and energy.

Study Tips

- Relax before you begin to study. Close your eyes, relax your muscles, take a few deep breaths and then open your eyes. You study more effectively when you are relaxed.
- Study with a pen and paper. Just reading your notes is not study.
- Create a Study Plan prior to assessment and exam periods to help you organise your study.
- Find out what is being covered in the assessment/exam and ensure that these aspects are covered in your study.
- Focus upon the aspects that you don't know.
- Apply the study techniques that work for you, e.g. Mind Mapping™, Venn Diagrams, mnemonics, acrostic poems, cue cards, flash cards, study posters, etc.
- Study for a maximum of one hour on a subject.
- Avoid studying similar subjects one after the other, e.g. Maths and Physics.
- Take a break of about 10-30 minutes between subjects to allow your mind to process the details. Avoid reading, watching TV, texting during this time.
- Go regularly over your class notes.
- Use bright colours to highlight facts in your notes.
- Make images in your notes to help you remember your facts.
- Study the most important facts at the beginning and end of each subject study session.
- Teach someone else about what you are studying.