WADALBA COMMUNITY SCHOOL

Student Wall Planner

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Contacts

Year Level Coordinator: _____

Email: _____

Notes / Reminders

My School Timetable

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
1						1					
2						2					
3						3					
4						4					
5						5					

My Academic / Life Goals

Subject	Previous Results	My Goal	Strategies for Success

Teacher Details

Teacher's Name	Contact Details
	@det.nsw.edu
	@det.nsw.edu
	@det.nsw.edu
	@det.nsw.edu
	@det.nsw.edu
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Respect

My Daily Homework and Study Timetable

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						Morning	Morning
						Afternoon	Afternoon
						Evening	Evening

Responsibility

My Term ☐ Planner: Assessment, School and Personal Commitments

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							

Excellence

Progress With Pride

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My Student Timetable

Per.	Mon	Tue	Wed	Thu	Fri
HRP	Mrs Green	Mrs Green	Mrs Green	Mrs Green	Mrs Green
1	English	S & E	English	Assembly	S & E
2	Maths	English	Maths	Drama	French
	Recess	Recess	Recess	Recess	Recess
3	S & E	Drama	S & E	Maths	Maths
4	French	Drama	Art	Science	English
	Lunch	Lunch	Lunch	Lunch	Lunch
5	Art	Science	IT	Commerce	Science
6	Art	HPE	IT	Commerce	Science
After School		Soccer training		Soccer training	Computer Club

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Student Planner

Notes / Reminders

Bring note for excursion

Clean out locker Week 4 & 8

Diary signed for each Friday Home Room Period

Home Room Teacher: Mrs Green, Year 9 Blue

My Goals and Study Record

Subject	Previous Result	My Aim	Key Strategy	Study Time: 10 Minute Sessions	Teacher Name
Science	B	B	Complete all my home learning carefully	✔ ✔ ✔ ✔ ✔ ✔	Mr Howard
English	B	A	Review my sentence structure and paragraphs	✔ ✔ ✔ ✔ ✔ ✔ ✔	Mr Brady
Maths	C	B	Do extra study questions	✔ ✔ ✔ ✔	Mr Imre
S & E	B	A	Prepare accurate timelines and detailed summaries	✔ ✔ ✔ ✔ ✔ ✔ ✔	Mr Tailor
Drama	C	B	Follow instructions carefully	✔ ✔ ✔ ✔ ✔	Mr Cromb
French	C	B	Learn the vocab better and listen to the set of tapes	✔ ✔ ✔ ✔	Mrs McDowell
Art	A	A	Keep working hard on Art Folio pieces	✔ ✔ ✔ ✔ ✔ ✔ ✔ ✔	Mrs Gladwell
Commerce	B	B	Revise differences between chqs, AMX, and VISA	✔ ✔ ✔ ✔ ✔ ✔	Mr Roberts
HPE	D	C	Bring sports gear every time	✔ ✔	Mr Koon
IT	B	B	Prepare flash cards for topics this term	✔ ✔ ✔ ✔ ✔ ✔	Mrs Plover

My Daily Home Learning and Study Routine

Time	Monday	Tuesday	Wednesday	Thursday	Friday
4.30 5.00	Weekly Planning	Drama	IT	Commerce	IT Club
5.00 5.30	Science	Maths	French	English	IT Club
5.30 6.00	Maths	English	Science	S & E	S & E
6.00 7.00	Family and Meal Time				
7.00 7.30	English	Science	Maths	Watch TV	IT
7.30 8.00	S & E	Commerce	Art	Maths	Watch TV
8.00 8.30	French	S & E	English	Science	Watch TV
8.30 9.00	Pack school bag and get ready for bedtime				Soccer Gear Ready
9.00 9.30	Reading then sleep				

Time	Saturday	Sunday
9.00 10.00	Morning Soccer 9.30am	Morning
10.00 11.00		
11.00 12.00		
1.00 2.00	Afternoon Art Folio	Afternoon
2.00 3.00		
3.00 4.00	French Tapes	
4.00 5.00		
7.00 8.00	Evening	Evening Pack Sch Bag
8.00 9.00		
9.00 10.00		

My Term 2 Planner: Assessment, School and Personal Commitments

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	Commence Term 2	Soccer training		Soccer training	Maths Quiz	Soccer 9.30am	
2			IT Test	Group photo day Soccer training	English Essay	Soccer 9.30am	Family Activities
3	Student free day	Soccer training	Hand in S & E Assign	Soccer training		Soccer 9.30am	
4	Science Prac Due	Soccer training	Math Test Topic 1, 2	Soccer training Art Project Due	Clean Out Locker	Soccer 9.30am	
5	S & E Multrchoice test French Writing Test	Soccer training		Maths Test 1	Science Assignment Due	Soccer 9.30am	
6	Art folio due	Soccer training	IT Assignment Due	Soccer training Drama Presentation	English unseen test	Soccer 9.30am	
7	French speaking test	Soccer training Science Test	Science Test	Soccer training Commerce Test	English Essay (Argumentative)	Soccer 9.30am	
8	English orals this week	Soccer training	Drama Presenting	Soccer training S & E Test	Clean Out Locker	Soccer 9.30am Final Fixture	
9	French Listening Test			Maths Test 2 Topics 3, 4			
10	Commerce project due	S & E Class Forum	Art folio final due due		Last day at term 2		
11							

Developing Good Study Routines and Sound Time Management Skills

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How to Use the Student Wall Planner

Use non-permanent or fine whiteboard marker only.

At the start of each term:

1. Fill in your *My Student Timetable*.
2. On the *My Term Planner*, write in due dates for assessment tasks and assignments; write in exam weeks; mark any public holidays, etc.
3. On the *My Daily Home Learning and Study Routine*, write in all your sporting and family commitments, and work out when you will do your home learning / study each week.
4. Set goals and objectives for the term and write them in the *My Goals and Study Record* box; list one key strategy for each goal.
5. Each week, use the *My Daily Home Learning and Study Routine* or *Notes / Reminders* section to prioritise tasks. When you have finished tasks, cross them out or rub them out.

How to Set Goals and Objectives

Take some time to reflect:

- What do I want to experience at school?
- How can I turn goals or objectives into reality?
- What is my personal best in each subject?
- What do I want to achieve?
- How do I cope with setbacks?
- How can I apply my School motto/values to my life?
- Which attributes do I need to particularly focus upon?
- What can I dare to do this year?

When you have reflected, make some notes.

Here are some examples of types of goals that might suit you.
Choose your main goals, maybe one from each area to start:

Personal

- Get to know at least two new students this term.

Academic

- Improve my writing by practising extended responses.
- Revise units of work when I finish them.
- Seek assistance from teachers when needed.

Organisation

- Write down my homework every lesson.
- Pack my school bag the night before, to make sure I remember all my equipment.
- Clean my locker out twice a term.

Co-curricular

- Improve my endurance and fitness this season.
- Practise a musical instrument five times per week.
- Try something new.

Service

- Find somewhere outside my comfort zone where I can help and do service for the School or community.

How to Set a Study Timetable

Step 1

List all the following activities

- Regular weekly activities (sports training, music lessons, etc.).
- Family evening meals.
- Travel to and from school, training, etc.
- Specific TV shows you always watch – consider recording these for viewing in free time.
- Any other items that are part of your weekly schedule.

Step 2

- Estimate the time you need for each activity and write it in.
- Write homework and study sessions on the Planner. Make sure you schedule homework and study at times when you know you are at your best, and don't stay up too late!
- Make sure you allow enough time for recreation and relaxation.

What is Home Learning?

Home Learning is Homework plus Study

- Note taking
- Activities set by your teacher
- Science experiment write ups
- Essays
- Timelines
- Working on assignments
- Completing set problems
- Doing set research

- Note making
- Making summary notes
- Actively reviewing recent work
- Preparing for tests and examinations
- Making Mind Maps™, charts or tables
- Reviewing previous topics
- Attempting past test questions
- Ticking the study time squares on your Wall Planner

Ideas on How to Prioritise

1. Look at your goals and do the most important and urgent things first.
2. Organise your tasks according to when they are due.
3. Create a 'To Do' list in the *Notes / Reminders* box with tasks in order of priority.
4. Start assignments as soon as you receive them.

Tips for Getting Organised

1. Tidy your locker

- Keep your locker tidy and it will be much easier to stay organised! Clean out your locker twice a term.
- Mark your clean-up dates on your Planner.

2. Create a study space

You need:

- your own desk which you should keep tidy.
- a quiet place to study, away from distractions (computer, phone, TV).
- somewhere to place this Student Wall Planner (e.g. on the fridge in the kitchen).
- a comfortable chair with good back support.
- a lamp or light that falls on your books and does not shine in your eyes.
- a book shelf for resources.

3. Write everything in your student diary

- At the start of each week, fill in all of your lessons for each day.
- Chunk your assignments into smaller segments and set deadlines.
- Start assignments as soon as you receive them.
- Reward yourself once you have achieved your goals.

Tips to Help Avoid Procrastination

- Set a deadline for each task - tasks without deadlines can be put off indefinitely.
- Set rewards for completing tasks - ensure the rewards match the level of difficulty.
- Ask someone to check occasionally that you are staying on task.
- Technology can be a major distraction for students and the cause of much procrastination. Place all items of distraction away when attempting tasks that can be challenging.
- Tackle the more difficult tasks first, when you have the most motivation and energy.

Study Tips

1. Relax before you begin to study. Close your eyes, relax your muscles, take a few deep breaths and then open your eyes. You study more effectively when you are relaxed.
2. Study with a pen and paper. Just reading your notes is not study.
3. Create a Study Plan prior to assessment and exam periods to help you organise your study.
4. Find out what is being covered in the assessment/exam and ensure that these aspects are covered in your study.
5. Focus upon the aspects that you don't know.
6. Apply the study techniques that work for you, e.g. Mind Mapping™, Venn Diagrams, mnemonics, acrostic poems, cue cards, flash cards, study posters, etc.
7. Study for a maximum of one hour on a subject.
8. Avoid studying similar subjects one after the other, e.g. Maths and Physics.
9. Take a break of about 10-30 minutes between subjects to allow your mind to process the details. Avoid reading, watching TV, texting during this time.
10. Go regularly over your class notes.
11. Use bright colours to highlight facts in your notes.
12. Make images in your notes to help your remember your facts.
13. Study the most important facts at the beginning and end of each subject study session.
14. Teach someone else about what you are studying.

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