

| Study Record | | | | | | | | | | | |
|--------------|---------|---|---|---|---|---------|---------|---|---|---|--|
| Subject | Results | | | | | Subject | Results | | | | |
| MATHS | ✓ | ✓ | ✓ | ✓ | ✓ | JAP | ✓ | ✓ | ✓ | ✓ | |
| ENG | ✓ | ✓ | ✓ | ✓ | ✓ | COMP | ✓ | ✓ | ✓ | ✓ | |
| SCI | ✓ | ✓ | ✓ | ✓ | ✓ | ART | ✓ | ✓ | ✓ | ✓ | |
| HSIE | ✓ | ✓ | ✓ | ✓ | ✓ | FOODS | ✓ | ✓ | ✓ | ✓ | |



ST AUGUSTINE'S COLLEGE - SYDNEY
www.saintaug.nsw.edu.au

Student Planner

Notes / Reminders

- * DON'T FORGET MATHS TUTOR 5.30PM THURS
- * SOCCER TRIALS WED WK 11
- * MONEY FOR HSIE EXCURSION WK 3
- * DIARY SIGNED FOR FRIDAY FORMS

My Goals and Objectives for Term

| | | |
|----------|---|---|
| MATHS | B | A |
| ENGLISH | B | B |
| HSIE | D | C |
| SCIENCE | A | A |
| JAPANESE | C | C |
| ART | B | A |
| COMP | A | A |

Our Augustinian Heritage

Our College values are: Truth (Veritas) - Love (Caritas) - Community (Communitas)

Mary MacKillop Prayer

Holy God, source of all goodness, you show us in Mary MacKillop a woman of faith who lived by the power of the cross. Teach us to embrace what she pioneered: new ways of living the gospel that respect and defend the human dignity of all in our land.

Through the example of Mary MacKillop, may you learn to recognise God's will for you and trust in God's providence. May her life of service awaken in you a deep respect for the poor and a passion for justice. See with her vision, and love with her heart. Amen.

Friendship

"There is no greater consolation than the sincere loyalty and mutual love of... true friends" (City of God, 147).

From The Confessions

God, you have made us for yourself, and our hearts are restless till they find their rest in you.

There can be no hope for me except in your great mercy. Give me the grace to do as you command and command me to do what you will.

My love of you, O Lord, is not some vague feeling: it is positive and certain. Your word struck into my heart and from that moment I loved you. Besides this, all about me, Heaven and earth and all that they contain proclaim that I should love you, and their message never ceases to sound in the ears of all mankind, so that there is no excuse for any not to love you.

St Augustine's Evening Prayer

Watch, O Lord, with those who wake, or watch, or weep tonight, and give Your Angels and Saints charge over those who sleep. Tend Your sick ones, O Lord Christ. Rest Your weary ones. Bless Your dying ones. Soothe Your suffering ones. Pity Your afflicted ones. Shield Your joyous ones. And all for Your love's sake. Amen.

Daily Homework and Study Timetable

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----------|----------------------|---------|-----------|----------|--------|----------|--------|
| 4.30-5.30 | ENG | SCI | ENG | HSIE | ASSIG | | MATHS |
| 5.30-6.30 | ENG | JAP | SCI | MATHS | ASSIG | MATHS | ASSIG |
| 6.30-7.30 | FAMILY AND MEAL TIME | | | | | | |
| 7.30-8.30 | HEALTH | ART | MATHS | HSIE | ENG | ART | ASSIG |
| 8.30-9.30 | ASSIG | ENG | | ASSIG | SCI | | ASSIG |

Sport and Co-curricular Commitments

| | | | | | | | |
|----|-----------------|--|--|---------------|--|--|---------------|
| AM | TENNIS TRAINING | | | GUITAR LESSON | | | |
| PM | | | | | | | BAND PRACTICE |

To Do List

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Term Planner:

| Week | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------|-----------------------|-------------------|----------------------------|----------------------|---------------------------|---------------|--------|
| 1. | NO SCHOOL | TENNIS TRIALS (1) | | | TENNIS TRIALS (2) | BYE | |
| 2. | | | MATHS-OPEN BK TENNIS | | VOTING FORM REPS | TENNIS - HOME | |
| 3. | JAP VOC TEST | | TENNIS | SCIENCE TEST | ENG VOC TEST | - AWAY | |
| 4. | | ART DRAFTS | TENNIS | COMPUTING POWERPOINT | | - HOME | |
| 5. | | | MATHS INVESTIGATION TENNIS | | FOOD TEST ON PREPARATION | - HOME | |
| 6. | SCIENCE LAB WRITE UPS | | TENNIS | | COMPUTING ASSIG ON CD-ROM | - AWAY | |
| 7. | | ART PORTFOLIO | TENNIS | HSIE EXCURSION | | - AWAY | |
| 8. | FOOD ASSIGNMENT | | TENNIS | JAPANESE TEST | | - AWAY | |
| 9. | CAMP | CAMP | CAMP | CAMP | CAMP | BYE | |
| 10. | ENGLISH BOOK REVIEW | | TENNIS | | LAST DAY!! | | |

What is homework?

Homework includes these activities

- Activities set by your subject teacher
- Research and reading for an assessment task
- Working on an assessment task
- Reading a novel

There is no such thing as "no homework"

What is study?

Study includes these activities

- Revising work covered that day
- Reading ahead in the text book
- Studying for a test
- Creating a mind map of key information about a topic
- Making study notes to prepare for exams

How to prioritise

1. **Do the most important and urgent things first.** Look at your goals to make sure you are doing what is important.
2. **When is it due?** Organise your tasks according to when they are due.
3. **Use the to-do list.** Write your tasks in order of priority on your to-do list.
4. **Split big tasks into smaller sections** and complete them over a few sessions.
5. **Do hard things first.** Study those subjects you find difficult first, rather than leaving them until last.

How to set a study timetable

Step 1

List all the following activities

- Regular weekly activities (Mass, orchestra rehearsal, music lessons, Saturday sporting fixtures, sports training etc.)
- Family evening meals
- Travel to and from school, training etc
- Specific tv shows you always watch – consider recording these for viewing in free time
- Any other items that are part of your weekly schedule

Step 2

- Estimate the time you need for each activity and write it in
- Write homework and study sessions on the planner. Make sure you schedule homework and study at times when you know you are at your best, and don't stay up too late!
- Make sure you allow enough time for recreation and relaxation

How to use this planner:

Use non-permanent or fine whiteboard marker only

At the start of each term

1. Work with your tutor.
2. On the term planner, write in due dates for assessment tasks and assignments; write in exam weeks; mark any public holidays etc
3. On the daily homework and study timetable, write in all your sporting and family commitments, and work out when you will do your homework/study each week.
4. Each week, use the Notes/Reminders section to prioritise tasks. When you have finished tasks, cross them out or rub them out.
5. Have a family meeting to discuss and negotiate your term plan.

Tips for getting organised

1. Tidy your locker

Keep your locker tidy and it will be much easier to stay organised! Clean out your locker twice a term. Mark your clean-up dates on your planner.

2. Create a study space

You need

- your own desk which you should keep tidy
- a quiet place to study, away from distractions (computer, phone, TV)
- somewhere to place this student planner (eg on the wall in front of or near your desk)
- a comfortable chair with good back support
- a lamp or light that falls on your books and does not shine in your eyes
- a book shelf for resources

3. Write everything in your diary

Your diary is your best tool for staying organised. At the start of each week, write the names of all lessons for each day. Write your homework down clearly and neatly after each lesson. When you receive assignments or assessment tasks, write the due dates in your diary.

How to set goals and objectives

Take some time to reflect

How can I grow as a person this year?

Did I achieve my personal best in each subject?

What do I want to achieve in the future?

How do I cope with setbacks?

When you have reflected, make some notes. You may turn your dreams into goals or objectives.

Here are some examples of types of goals that might suit you. Choose your main goals, maybe one from each area to start:

Personal

Get to know at least 2 new students this term.

Academic

Attend homework help in the ARC once a week after school.

Improve my writing by practising extended responses.

Revise units of work when I finish them.

Organisation

Write down my homework every lesson.

Pack my school bag the night before, to make sure I remember my equipment.

Clean my locker out twice a term.

Co-curricular

Join the debating or public speaking team.

Practice a musical instrument regularly.

Improve my endurance and fitness this season.

Try something new.

Service

Find somewhere outside my comfort zone where I can do service for the school or community.



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